

# More effective vaccines and oral antivirals: Keys for the battle against Omicron

Hongzhou Lu\*

National Clinical Research Center for Infectious Disease, State Key Discipline of Infectious Disease, Shenzhen Third People's Hospital, Second Hospital Affiliated to Southern University of Science and Technology, Shenzhen, Guangdong, China.

**SUMMARY** With the rapid roll out of vaccination programs and extraordinary non-pharmaceutical interventions (NPIs) by the government, China has maintained a "dynamic zero-COVID-19" policy over the last two years. However, the global pandemic and immune evasion of Omicron variant poses a huge challenge to China. Currently, about 87.69% of the Chinese population has been vaccinated, most with inactivated vaccines. Although seroepidemiological data on the vaccinated are lacking, published data suggested that even a homologous booster of an inactivated vaccine displayed very limited neutralizing activity against the Omicron variant and that neutralizing activity was significantly lower than that of a heterologous booster or mRNA vaccine alone. A great concern is whether the neutralizing antibodies induced by inactivated vaccines can provide sufficient protection against the Omicron variant since local transmission of the Omicron variant is now occurring in China. The era of extraordinary NPIs by governments and countries to control the transmission of SARS-CoV-2 is going to change. Omicron's immune evasion of neutralizing antibodies induced by current vaccines and the majority of existing therapeutic SARS-CoV-2 monoclonal antibodies (mAbs) suggest an urgent need for more effective vaccines and highly effective oral antivirals, which will be the keys for the battle against Omicron in the future.

**Keywords** Omicron, vaccine, oral antivirals

Due to its strong tropism in the upper respiratory tract and its considerable evasion of antibody neutralization, the Omicron variant has spread rapidly and efficiently around the world (1,2). Currently, more than 2 million newly confirmed COVID-19 cases are reported to the WHO around the world every day (<https://covid19.who.int/>), and over 90% of the SARS-CoV-2 sequences recently uploaded to the GISAID database (<https://www.gisaid.org/>) were the Omicron variant. Despite the obvious increase in transmissibility, the disease burden of the Omicron variant has been found to be lower than that of the Delta variant. Real-world studies conducted in South Africa revealed a decrease in severity and mortality for the Omicron variant in comparison to other variants (3-5). For children under the age of 5 with an initial SARS-CoV-2 infection, the risk of a visit to the emergency department (ED), hospitalization, intensive care unit (ICU) admission, or placement on mechanical ventilation within 3 days of infection is significantly lower in the Omicron cohort than in the matching Delta cohort (6). Based on the high transmissibility and low pathogenicity of the Omicron variant, several countries have rescinded policies to control the spread of Omicron

variant and instead placed their hopes on infection-acquired immunity, though this obviously ignores the increase in fatalities among the huge infected population, the long-term health consequences of COVID-19, and the accompanying social issues related to the commitment of medical resources (7,8). In addition, naive infection with the Omicron variant induces limited cross-variant immunity (9), and an mRNA-Omicron vaccine boost may not provide greater immunity or protection compared to a boost with the current mRNA-1273 vaccine (10).

With the rapid roll out of vaccination programs and extraordinary non-pharmaceutical interventions (NPIs) by the government, China has maintained a "dynamic zero-COVID-19" policy over the last two years (11). However, the "dynamic zero-COVID-19" policy is now facing huge challenges due to the global pandemic caused by the Omicron variant. Currently, about 87.69% of the Chinese population has been vaccinated, mostly with inactivated vaccines (<https://ourworldindata.org/coronavirus>). Although seroepidemiological data on the vaccinated are lacking, published data suggested that even a homologous booster of an inactivated vaccine

displayed very limited neutralizing activity against the Omicron variant (12-14) and that neutralizing activity was significantly lower than that of a heterologous booster or mRNA vaccine alone (15-20). Moreover, breakthrough infections with the Omicron variant have also been found in individuals who received a homologous booster with an mRNA vaccine (21). A great concern is whether the neutralizing antibodies induced by inactivated vaccines can provide sufficient protection against the Omicron variant since local transmission of the Omicron variant is now occurring in China. Several oral antivirals have been authorized for emergency use in the treatment of mild-to-moderate COVID-19 by the US Food and Drug Administration (FDA), including Molnupiravir and Paxlovid. In clinical trials, these oral antivirals significantly reduced hospital admissions and deaths among people with COVID-19 who are at high risk of severe illness in comparison to a placebo (22,23). Until recently, there were no such oral antivirals in China, although several remdesivir derivatives that were designed and modified by Chinese researchers were found to be safe and highly effective in preclinical studies (24,25).

Currently, there are three theories on the origins of the Omicron variant (26). Although determining which of the three is true is difficult, more variants are sure to appear with unpredictable mutations. The era of extraordinary NPIs by governments and countries to control the transmission of SARS-CoV-2 is going to change. Omicron's immune evasion of neutralizing antibodies induced by current vaccines and the majority of existing therapeutic SARS-CoV-2 monoclonal antibodies (mAbs) suggest an urgent need for more effective vaccines and highly effective oral antivirals, which will be the keys for the battle against Omicron in the future.

### Acknowledgements

The author wishes to thank Dr. Yang Yang and Dr. Yang Hangzhou for assisting with this manuscript.

*Funding:* None.

*Conflict of Interest:* The author has no conflicts of interest to disclose.

### References

1. Flemming A. Omicron, the great escape artist. *Nat Rev Immunol.* 2022; 22:75.
2. Pia L, Rowland-Jones S. Omicron entry route. *Nat Rev Immunol.* 2022; doi: 10.1038/s41577-022-00681-9.
3. Maslo C, Friedland R, Toubkin M, Laubscher A, Akaloo T, Kama B. Characteristics and Outcomes of Hospitalized Patients in South Africa During the COVID-19 Omicron Wave Compared With Previous Waves. *JAMA.* 2022; 327:583-584.
4. Abdullh F, Myers J, Basu D, *et al.* Decreased severity of disease during the first global omicron variant covid-19 outbreak in a large hospital in tshwane, south africa. *Int J Infect Dis.* 2021;116:38-42.
5. Wolter N, Jassat W, Walaza S, *et al.* Early assessment of the clinical severity of the SARS-CoV-2 omicron variant in South Africa: A data linkage study. *Lancet.* 2022; 399:437-446.
6. Wang L, Berger NA, Kaelber DC, Davis PB, Volkow ND, Xu R. COVID infection severity in children under 5 years old before and after Omicron emergence in the US. *medRxiv.* 2022; doi: 10.1101/2022.01.12.22269179.
7. Huang L, Yao Q, Gu X, *et al.* 1-year outcomes in hospital survivors with COVID-19: A longitudinal cohort study. *Lancet.* 2021; 398:747-758.
8. Huang C, Huang L, Wang Y, *et al.* 6-month consequences of COVID-19 in patients discharged from hospital: A cohort study. *Lancet.* 2021; 397:220-232.
9. Suryawanshi RK, Chen IP, Ma T, *et al.* Limited cross-variant immunity after infection with the SARS-CoV-2 Omicron variant without vaccination. *medRxiv.* 2022; doi: 10.1101/2022.01.13.22269243.
10. Gagne M, Moliva JI, Foulds KE, *et al.* mRNA-1273 or mRNA-Omicron boost in vaccinated macaques elicits comparable B cell expansion, neutralizing antibodies and protection against Omicron. *bioRxiv.* 2022; doi:10.1101/2022.02.03.479037:2022.2002.2003.479037.
11. Yang J, Marziano V, Deng X, *et al.* Despite vaccination, China needs non-pharmaceutical interventions to prevent widespread outbreaks of COVID-19 in 2021. *Nat Hum Behav.* 2021; 5:1009-1020.
12. Lu L, Mok BW, Chen LL, *et al.* Neutralization of SARS-CoV-2 Omicron variant by sera from BNT162b2 or Coronavac vaccine recipients. *Clin Infect Dis.* 2021; ciab1041. doi: 10.1093/cid/ciab1041.
13. Yu X, Wei D, Xu W, Li Y, Li X, Zhang X, Qu J, Yang Z, Chen E. Reduced sensitivity of SARS-CoV-2 Omicron variant to antibody neutralization elicited by booster vaccination. *Cell Discov.* 2022; 8:4.
14. Yang Y, Gong X, Yang L, Li J, Zhang J, Wei L, Ye G, Tang Y, Jiang Y, Li J, Lin Y, Wang F, Lu H, Liu Y. Regular and booster vaccination with inactivated vaccines enhance the neutralizing activity against Omicron variant both in the breakthrough infections and vaccinees. *J Infect.* 2022; S0163-4453(22)00005-6. doi: 10.1016/j.jinf.2022.01.004.
15. Ai J, Zhang H, Zhang Q, Zhang Y, Lin K, Fu Z, Song J, Zhao Y, Fan M, Wang H, Qiu C, Zhou Y, Zhang W. Recombinant protein subunit vaccine booster following two-dose inactivated vaccines dramatically enhanced anti-RBD responses and neutralizing titers against SARS-CoV-2 and Variants of Concern. *Cell Res.* 2022; 32:103-106.
16. Kanokudom S, Assawakosri S, Suntronwong N, Auphimai C, Nilyanimit P, Vichaiwattana P, Thongmee T, Yorsaeng R, Srimuan D, Thatsanatorn T, Klinfueng S, Sudhinaraset N, Wanlapakorn N, Honsawek S, Poovorawan Y. Safety and Immunogenicity of the Third Booster Dose with Inactivated, Viral Vector, and mRNA COVID-19 Vaccines in Fully Immunized Healthy Adults with Inactivated Vaccine. *Vaccines (Basel).* 2022; 10:86.
17. Gruell H, Vanshylla K, Tober-Lau P, Hillus D, Schommers P, Lehmann C, Kurth F, Sander LE, Klein F. mRNA booster immunization elicits potent neutralizing serum activity against the SARS-CoV-2 Omicron variant. *Nat Med.* 2022; 19:1-4.

18. Garcia-Beltran WF, St Denis KJ, Hoelzemer A, *et al.* mRNA-based COVID-19 vaccine boosters induce neutralizing immunity against SARS-CoV-2 Omicron variant. *Cell*. 2022; 185:457-466 e454.
19. Li J, Hou L, Guo X, *et al.* Heterologous AD5-nCOV plus CoronaVac versus homologous CoronaVac vaccination: A randomized phase 4 trial. *Nat Med*. 2022; doi:10.1038/s41591-021-01677-z.
20. Costa Clemens SA, Weckx L, Clemens R, *et al.* Heterologous versus homologous COVID-19 booster vaccination in previous recipients of two doses of CoronaVac COVID-19 vaccine in Brazil (RHH-001): A phase 4, non-inferiority, single blind, randomised study. *Lancet*. 2022; 399:521-529.
21. Kuhlmann C, Mayer CK, Claassen M, Maponga T, Burgers WA, Keeton R, Riou C, Sutherland AD, Suliman T, Shaw ML, Preiser W. Breakthrough infections with SARS-CoV-2 omicron despite mRNA vaccine booster dose. *Lancet*. 2022; 399:625-626.
22. Mahase E. Covid-19: Pfizer's paxlovid is 89% effective in patients at risk of serious illness, company reports. *BMJ*. 2021; 375:n2713.
23. Jayk Bernal A, Gomes da Silva MM, Musungaie DB, *et al.* Molnupiravir for oral treatment of Covid-19 in nonhospitalized patients. *N Engl J Med*. 2022; 386:509-520.
24. Cao L, Li Y, Yang S, *et al.* The adenosine analogue prodrug ATV006 is orally bioavailable and has potent preclinical efficacy against SARS-CoV-2 and its variants. *bioRxiv*. 2021; doi:10.1101/2021.10.13.463130.
25. Xie Y, Yin W, Zhang Y, *et al.* Design and development of an oral remdesivir derivative VV116 against SARS-CoV-2. *Cell Res*. 2021; 31:1212-1214.
26. Du P, Gao GF, Wang Q. The mysterious origins of the Omicron variant of SARS-CoV-2. *Innovation (N Y)*. 2022; 3:100206.

Received February 10, 2022; Revised February 15, 2022;  
Accepted February 16, 2022.

*\*Address correspondence to:*

National Clinical Research Center for Infectious Disease, State Key Discipline of Infectious Disease, Shenzhen Third People's Hospital, Second Hospital Affiliated to Southern University of Science and Technology, Shenzhen, Guangdong, 518100, China.

E-mail: luhongzhou@fudan.edu.cn

Released online in J-STAGE as advance publication February 17, 2022.